



License Holder

Welcome Toolkit



Thank you for choosing Fly Five as your social, emotional, and academic solution.

Dear Fly Five Educator,

We are thrilled to welcome you to the Fly Five community! As a Fly Five license holder, you play a pivotal role in shaping the SEL journey in your school community, and we want to ensure that your experience with us is seamless and enjoyable from the beginning. This guide provides an overview of your role in kick-starting Fly Five implementation, as well as the tools and resources you will use to prepare your school community for taking flight with Fly Five.



What's in Your Welcome Toolkit

Product Overview

A detailed guide to Fly Five products and services, outlining key features and benefits.

Getting Started Guide

Step-by-step instructions to help you set up and activate your account or product. This guide will walk you through the initial setup process, ensuring a smooth onboarding experience.

FAQs

Anticipating your questions, we've compiled a list of frequently asked questions and provided detailed answers to assist you promptly.

Contact Information

Our dedicated customer support team is here to assist you. Find our contact details in the kit for any inquiries or assistance you may need.

How to Use Your Welcome Toolkit

1. Read Through

Take a moment to go through the Welcome Kit thoroughly. It contains valuable information that will enhance your understanding of where to begin.

2. Refer to Guides

For specific setup instructions, troubleshooting tips, or any other queries, refer to the Getting Started Guide and FAQs included in the kit.

3. Reach Out

Don't hesitate to contact our customer support team with questions.

Stay Connected

Follow us on social media for the latest updates, tips, and exclusive offers. We also love to share SEL insights from our community, so be sure to tag us in your Fly Five posts!



We value your feedback and encourage you to share your thoughts with us on social media or contact us through our website at <https://www.flyfivesel.org/contact-us>.

Thank you for choosing Fly Five. We look forward to partnering with you and ensuring that your experience with us exceeds your expectations.

Welcome aboard!

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Implementation Phases



1. Plan

The goals and objectives for curriculum implementation are defined through the Customer Success Plan. School Leaders and Ambassadors will have access to this document to provide support as needed.

3. Execute

License holders begin to deliver lessons and tasks outlined in the Customer Success Plan are carried out.

5. Close, Celebrate, and Look Ahead

Complete the C-SETI, wrap up lesson delivery, celebrate successes, and analyze data to help identify future goals.

2. Prepare

Digital platforms are assigned, materials are received, and school personnel are trained.

4. Monitor and Evaluate

Progress is monitored, feedback is collected, and lessons learned are documented and shared with stakeholders.































































Product Overview: Print or Digital?



- The Fly Five instructional program is a combination of print and digital materials designed to empower educators in their teaching and students in their learning.
- These components ensure student learning is constructive, dynamic, and developmentally appropriate.

Reference the chart below to identify the print and digital resources for each grade level.

Key
 Print
 Digital
 Hybrid

	Teacher's Lesson Guide	Student Journal	Poster Pack	PPT	Scenario Cards	The Mindful Student	School to Home Connection	Learning Management System
K								
1st								
2nd								
3rd								
4th								
5th								
6th								
7th								
8th								

Product Overview

Teachers Lesson Guide

K-8, Print Only




The Fly Five Teacher’s Lesson Guide is an instructional manual and comprehensive toolkit to keep teachers organized, prepared, and focused as they bring SEL into their classrooms.



Cooperation Lessons

Show Them the Way

Directions: View the images below. Use the three steps to help guide in the characters’ self-control. Draw an image or write words to demonstrate how each character can show self-control.

Respect Looks and Sounds Like Exit Ticket

Directions: What does showing respect look like and sound like to you? Draw a picture and then write a sentence that matches your picture.

Resolves Differences Quickly C1RDQ Grade 1

TEACHER OBJECTIVE:

The teacher will teach and model how we can display self-control and patience and show respect to our peers when waiting our turn.



STUDENT OBJECTIVE:

The student will be able to display appropriate behavior while waiting their turn.

MATERIALS:

- Session One**
 - The Big Blue Notebook
 - Vocabulary poster (C1RDQ)
- Session Two**
 - Vocabulary poster (C1RDQ)
 - Self-Control Steps (SJ 13)
 - Three Steps of Self-Control poster (C1RDQ)
 - Show Them the Way (SJ 14)
 - Pencils
- Session Three**
 - The Big Blue Notebook
 - Vocabulary poster (C1RDQ)
 - Respectful Scenario Sheet (TR 13)
 - Pick and Choose Posters (TR 14)
 - Respect Looks and Sounds Like Exit Ticket (SJ 15)
 - Pencils

ICON KEY:

-  **Formative Assessment**
An assessment that monitors student learning to provide ongoing feedback that can be used by instructors to improve their teaching and by students to improve their learning.
-  **Interactive Learning Structures**
Purposeful activities that give students opportunities to engage with content in active (hands-on) and interactive (social) ways.



Student Journals

K-8, Print Only

The Student Journals are vibrant, colorful workbooks that provide visual and hands-on activities to promote students’ learning and engagement. Each student receives their own journal so they can creatively and individually engage with their SEL lessons.

Product Overview



FLY FIVE

Vocabulary
Resolves Differences Quickly

Respect (v.):
to treat or think about something or someone in a positive way

Patient (adj.):
a way to wait calmly without complaining or becoming upset

Self-Control (n.):
the ability to recognize and regulate your thoughts, emotions, and behaviors to be successful in the moment

STOP
Behavior is the first step.

THINK
What do I want for me? What is next? What is being expected?

A CHOICE
What will I do differently so that I am displaying appropriate behaviors?

Poster Packs

K–2, Print Only

For kindergarten through second grade, the Poster Packs are a visual resource for interactive learning. They feature concept maps and character illustrations that support students' understanding of SEL lessons and vocabulary as well as the Emotion Posters.

FLY FIVE

Emotion **Feels Like** **Looks Like**

Range of Emotions

Feels Like

Looks Like

Emotions Poster Pack

3–8, Print Only

The Poster Packs also strengthen students' understanding of emotions through a series of three emotion-themed posters: Emotion—Feels Like, Looks Like; the Purpose of Emotions; and Range of Emotions. These emotion posters allow students to gain insight into why we have emotions and how they range in intensity.

Product Overview



Cooperation
Able to Make and Keep Friends

Mindfulness Principle: Take it slow

Skill Focus: Identify the characteristics of a healthy friendship

- What does it mean for a friendship to be healthy? How are many friendships like a puzzle in that there are many pieces that fit together to form one, and they also require some of the same pieces? This activity will focus on figuring out how to identify what a healthy friendship looks and feels like.
- In a group of 2 or 3, think about positive characteristics you like to have in a friend, such as loyalty. Now discuss what emotions come to mind when you think of these characteristics. Why are these particular traits important and that's okay.
- What are some characteristics of your friend that you value most? How do these characteristics contribute to your friendships in your life? What were some of the traits you loved in your friend? As you go about your day, think of ways you can contribute to what makes healthy friendships.

GRADE 5

Friendship Puzzle

Think about what it means to be a friend. Consider what makes a friendship healthy. How can you do right by your friends, no matter what?

The Mindful Student

K–8, Print and Digital

The Mindful Student includes 20 grade-specific mindfulness lessons, each focused on a C.A.R.E.S. competency and grade-level skill. The activities range from interactive partner work and role-playing to quiet visualizations and guided reflection.

Change the Behavior

Cooperation

TITLE: Change the Behavior

SCENARIO:
Shen's class has earned a pizza party because the students had worked so hard to build their reading stamina. Everyone was so excited, and Shen couldn't believe they were going to have a pizza party at school. He had a hard time sleeping the night before because that was all he could think about. When school started, the teacher reminded the class, "Don't forget, we have our pizza party today, but we also need to finish our math problems and do some writing before having any pizza." All Shen could think about was the pizza. During the middle of doing math, he said, "What time are we having pizza? Can we have it now?"

QUESTION:

- What cooperation skill does Shen need to practice?

GRADE 1

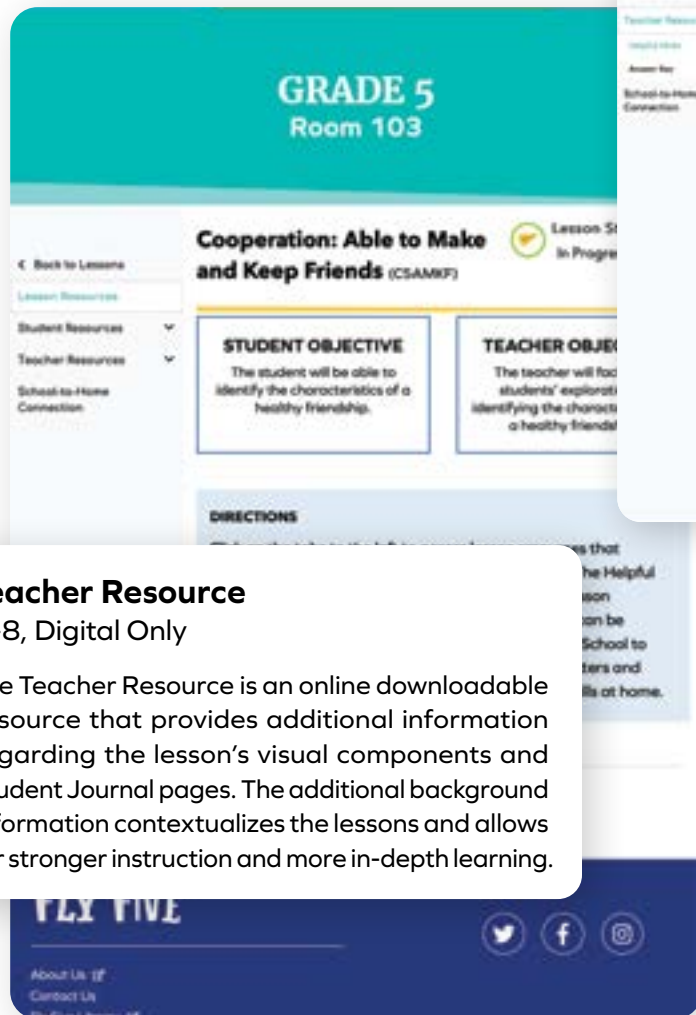
FLY FIVE C1RDQ

Scenario Cards

K–2, Print Only

For kindergarten through second grade, the Scenario Cards depict a wide variety of situations where the characters must put their SEL skills to use. Each card is aligned with a skill focus and offers questions and prompts that allow students to think through the situations in their own way.

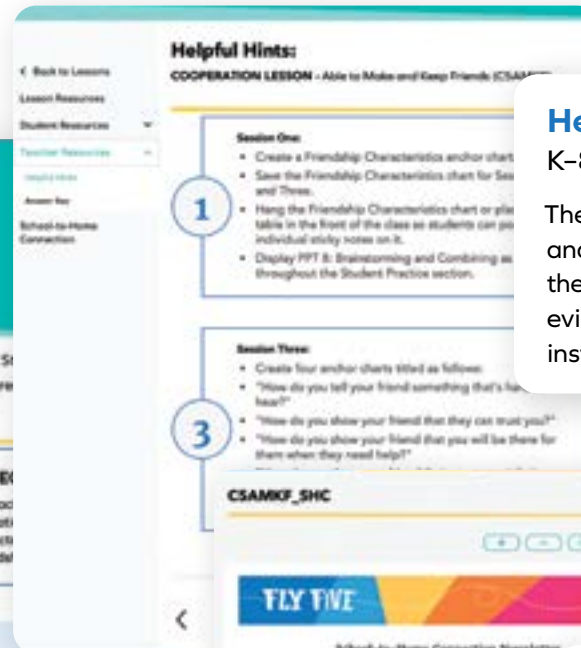
Product Overview



Teacher Resource

K-8, Digital Only

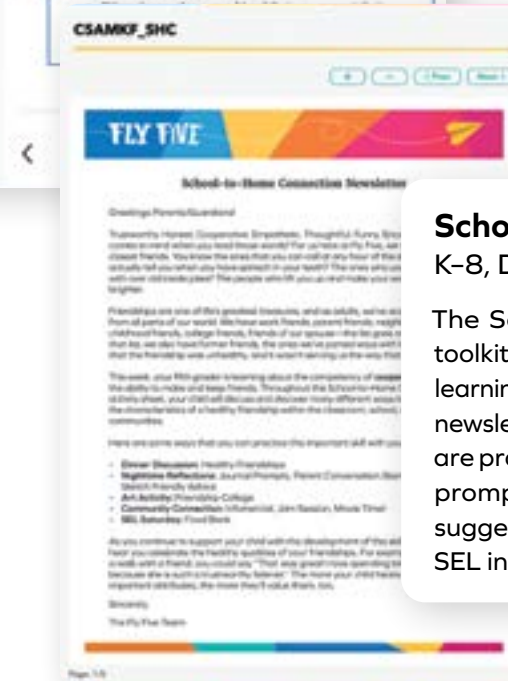
The Teacher Resource is an online downloadable resource that provides additional information regarding the lesson's visual components and Student Journal pages. The additional background information contextualizes the lessons and allows for stronger instruction and more in-depth learning.



Helpful Hints

K-8, Digital Only

The Helpful Hints section anticipates the questions and challenges that may arise when implementing the curriculum and offers solutions. The hints include evidence-based tips and strategies for using the instructional materials to their fullest potential.



School-to-Home Connection

K-8, Digital Only

The School-to-Home Connection is a weekly toolkit filled with engaging activities to bring SEL learning into a student's home and community. This newsletter communicates which SEL skills students are practicing each week and offers conversation prompts, guided reflections, read-alouds, and suggestions for students and families to practice SEL in their communities.

Product Overview



TAKE C-SETI

Welcome to the C-SETI, an assessment to help you identify your classroom's social and emotional type following the completion of the Fly Five curriculum. Choose one of three C-SETI options for assessment: whole class, small group, or individual. When considering which option will best meet your classroom's needs, remember that your decision is final; after you have clicked confirm you will not be able to change the assessment type. Once you have completed your chosen assessment, your results will be saved to your teacher dashboard.

Class C-SETI

Group C-SETI

Individual C-SETI

Classroom Social Emotional Type Inventory

K-8, Digital Only

The C-SETI is a grade-level inventory that the teacher uses to identify the social and emotional type of their classroom at the end of teaching the curriculum.

Your SETI Report



JAVELIN THROWER (SAHTA)



Social Emotional Type Inventory

K-8, Digital Only

The Social and Emotional Type Inventory provides an inventory of one's social and emotional tendencies, behaviors, attitudes, and dispositions.

	Least Important to My Goal for Students' SEL Learning				Most Important to My Goal for Students' SEL Learning		
	VERY	QUITE	SOMEWHAT	NEUTRAL	SOMEWHAT	QUITE	VERY
Expand friendships							
Maintain healthy friendships							
Contributes to a group within their role							
Communicate effectively within a group							
Apply strategies to resolve conflicts							
Adheres to rules and goals within a group							
Recognize when to help others							
Helps others for the greater good							
Explore and explain emotions through stressful moments							
Set boundaries respectfully with differing opinions							
Recognize when and how to ask for help							
Maintains personal identity							
Maintains community property							
Follow the rules							
Identify, express and validate emotions in self and others							
Compassionate for self, peers, and ourselves							
Demonstrates compassion for self and peers							
Includes others with same or different opinions							
Values diverse points of view							
Recognize how behaviors impact communication							
Show and express gratitude toward others							
Can connect emotions to social interactions							
Identify behaviors and their consequences							

Hopes and Goals Setting Module

K-8, Digital Only

The Hopes and Goals Setting Module (HGSM) report compares a teacher's SEL strengths and growth from their SETI profile with their goals for their class, offering them a clear starting point and a path toward reaching those goals.

School Community Roles



Roles within the school community play a crucial role in the effective curriculum implementation in various ways. The collaboration and coordination among these roles ensure that curriculum implementation is comprehensive, responsive to student needs, and continuously improving based on feedback and evaluation. Each role contributes uniquely to the success of implementing a well-rounded and effective curriculum.

School Leader

Role

To lead the logistical setup of the digital platforms and ensure that license holders have their materials

Responsibilities

- Confirm materials are delivered and accounted for
- Assign license holders in the Learning Management System
- Share the Fly Five Academy enrollment key with license holders
- Complete annual Student Journal Order

Ambassador

Role

To mentor Fly Five license holders and point of contact in the school community for Fly Five instructional needs

Responsibilities

- Be available to license holders for implementation questions
- Provide lesson demonstrations for license holders to observe
- Support license holders in data collection
- Attend regular coaching sessions to build SEL expertise

License Holder

Role

To provide weekly Fly Five instruction to students and communicate with families.

Responsibilities

- Take the SETI and complete Fly Five Academy requirements.
- Sequence Fly Five lessons
- Prepare for and deliver Fly Five lessons
- Send the School to Home Connection to families

Year at a Glance Task Sheet



Start of the Year

- FLY FIVE LMS** Activate LMS account
- FLY FIVE LMS** Take the SETI
- EMAIL COMMUNICATION** Bookmark Welcome Kits and Six Week Planner page
- FLY FIVE WEBSITE** Complete the Six Week Planner Activities and reference the Welcome Kit as needed
- FLY FIVE LMS** Complete the Hopes and Goals Setting Module at least six weeks after getting to know your students.
- TEACHER'S LESSON GUIDE** Use the At-a-Glance Planner to plan for the sequence of your lessons

Throughout the Year

- FLY FIVE LMS** Begin lesson implementation, update lesson progress and provide lesson feedback
- SCHOOL-BASED SUPPORT** Reach out to your School Leader and Ambassador for support as needed

End of Year

- FLY FIVE LMS** Complete the C-SETI

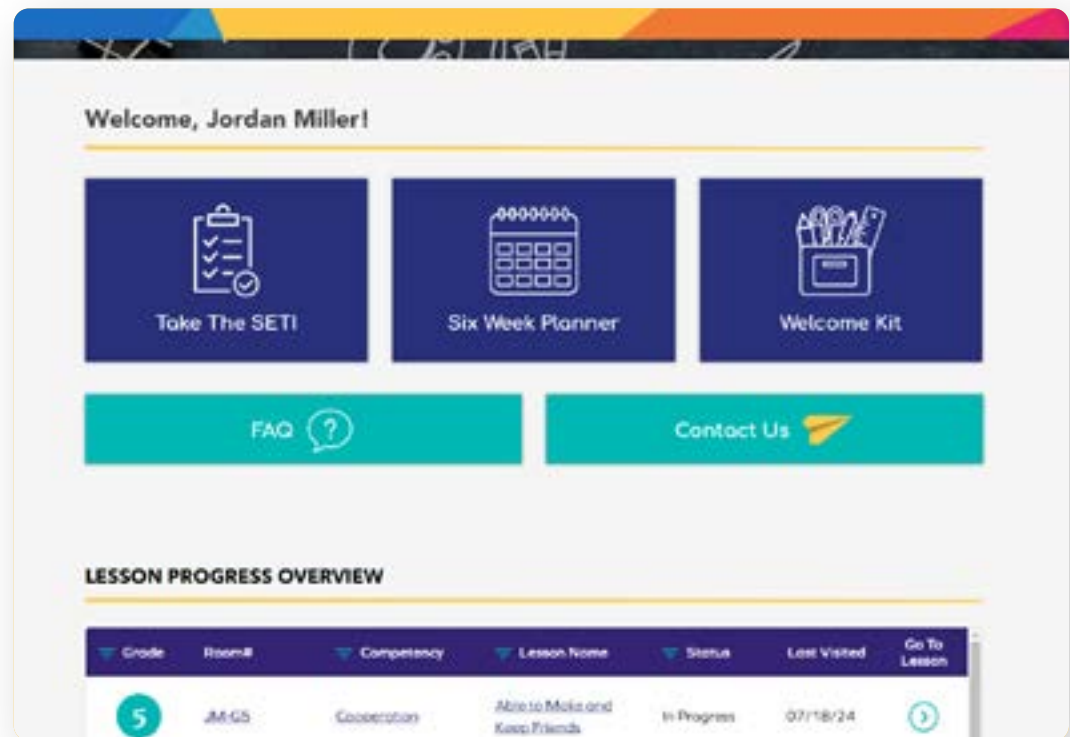
Digital Platform How-Tos



The LMS and Implementation Supports

The Learning Management System (LMS) and implementation supports are in separate digital spaces to ensure that learners and administrators can access the tools and resources they need without unnecessary overlap or confusion. This separation enhances the efficiency and effectiveness of learning delivery and system management.

- The LMS is where licenses are assigned and managed, reports and assessment results are viewed, and lesson progress is monitored for all licenses. This is where license holders access all digital lesson components.
- The Welcome Kit and Six Week Planner are webpages with links to material that help license holders get oriented to the curriculum and access their PD materials.



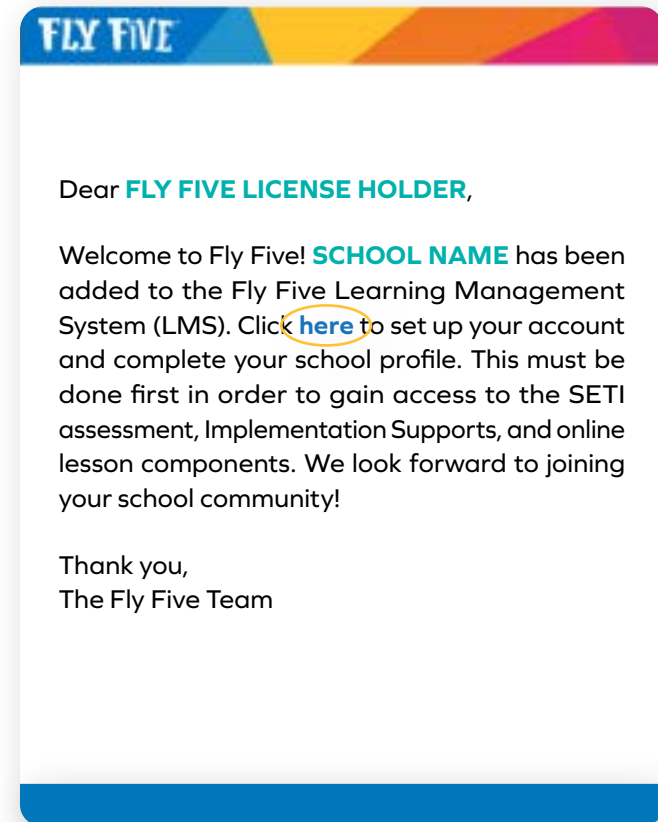
Digital Platform How-Tos



Activate LMS account

To carry out various technical tasks within the Learning Management System (LMS), it is essential that your LMS account is activated. This activation process is a critical step to access the full range of features and capabilities the system offers.

Use the activation link in the welcome email to create your Fly Five account.



Add Students And Parents To Classes

Within the LMS, there is an option to upload student and parent information to classes. This enables the educator to send the School to Home Connection to families through the LMS if they choose.

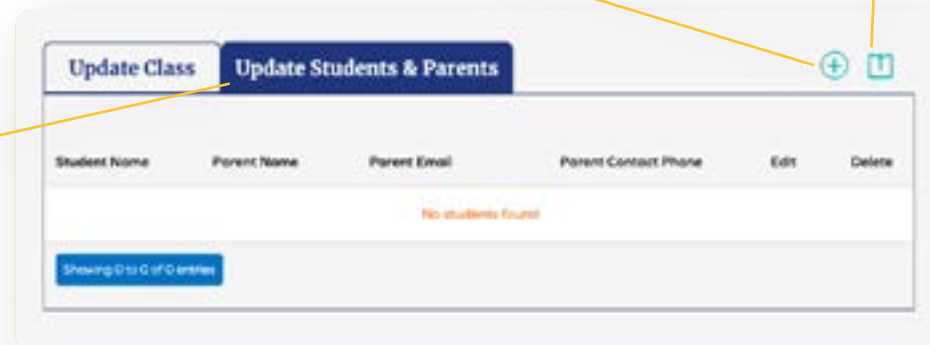


Select **CLASSES** from the dashboard

Add students individually by clicking the **PLUS SIGN**

Add students by clicking the **IMPORT ARROW**

Click on the **UPDATE STUDENTS & PARENTS** tab



Lesson Delivery in Action



To get a sense of what Fly Five videos look and sound like in the classroom, it's beneficial for them to watch some examples. The videos below are designed to support implementation by demonstrating lesson delivery in action.



Family Support



As we prepare to strengthen the connection to students' families, we want to ensure you have the resources you need to effectively reach out to and support our families.

**SHC Introductory Letter
for Parents**

**What is the School to Home
Connection?**

SHC Overview

Lesson Features



Understanding of lesson features can prepare license holders to effectively implement the curriculum. Use the following link to build knowledge of the features for effective lesson delivery

Lesson Features

Planning Resources



Preparing to teach a competency and fostering an active learning environment involves thoughtful planning and execution. Use these resources to help get prepared.



**Preparing to
Teach a Competency**

**Preparing for
Active Learning**

How to Place an Order



All Fly Five orders must go through the Educational Partnerships Consultants. One will be assigned to your Support Team. Your School Leader will contact that individual directly or email inquiries@flyfivesel.org to get in touch with additional licenses or materials that you may need to purchase.



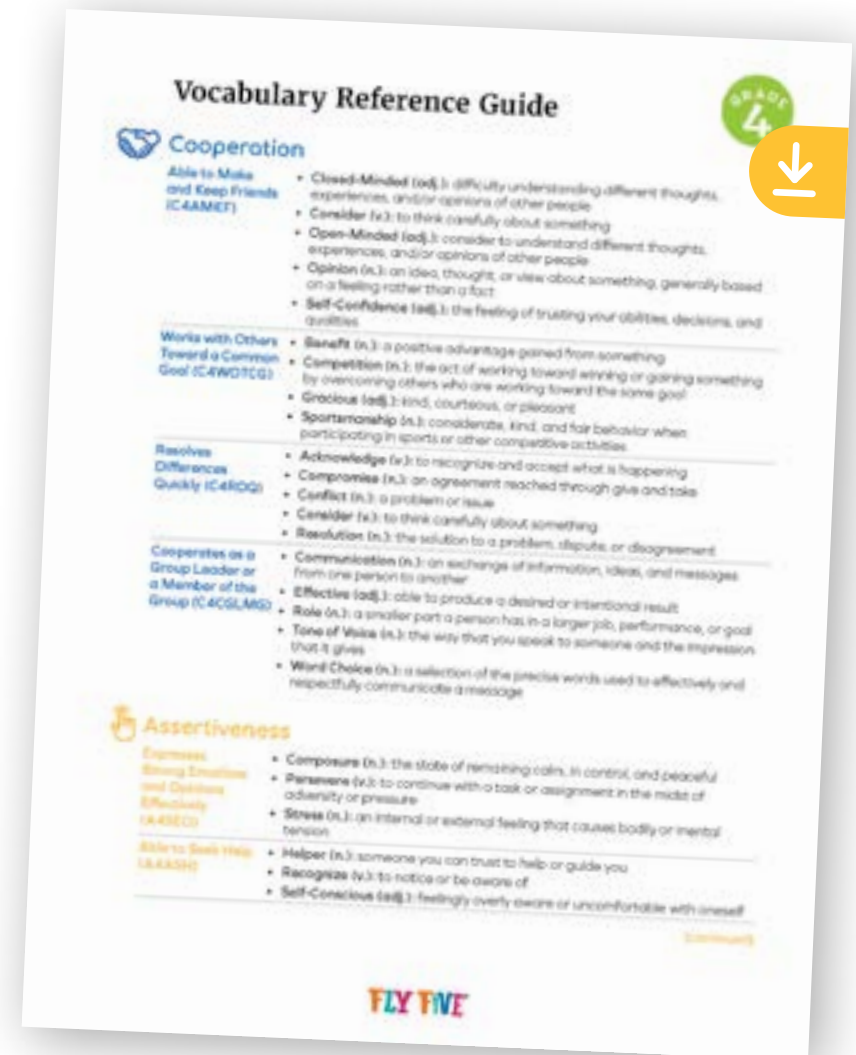
Order Avenue A books directly on the website at www.flyfivesel.org/shop/avenue-a-books



Order The Mindful Student cards and the Mini Mindfulness Course directly on the website at www.flyfivesel.org/product-category/mindfulness-activities-for-students

Vocabulary Reference Guide

Fly Five lessons are embedded with rich vocabulary to promote literacy through the social context of learning. There is strong evidence that explicit instruction in vocabulary is one of the most effective strategies for improving literacy skills and content knowledge. Share these vocabulary guides with colleagues within your school building to integrate this learning into other contexts.



Teaming with C.A.R.E.S.

The development of Adult SEL is crucial for fostering a collaborative and supportive educational environment. Use the tips below to help develop your own social and emotional competence to create a positive and inclusive atmosphere that benefits both you and your students.



FLY FIVE
↓

C.A.R.E.S.
Practical Tips to Improve Your Social and Emotional Competence

These practical tips are aligned with Cultivating SEL Competence: Building Social and Emotional Skills for Adults. They are research-based strategies and techniques for strengthening your SEL skills in all into your everyday life. Each tip is tied to an and/or standard of the curriculum. As you explore these tips, consider how you can use them to build on the social and emotional competence you already possess.

Objective: Practice ways to further develop competence in cooperation, observiveness, responsibility, empathy, or self-control.

Cooperation	Observiveness	Responsibility	Empathy	Self-Control
<p>Able to Make and Keep Friends</p> <p>Deepen your social connections. Is there someone at work or in an organization you're part of with whom you connect but haven't cultivated a friendship? Ask them for a coffee and get to know them better. If that seems daunting, remind yourself that making friends as an adult is tough for almost everyone—you're not alone.</p>	<p>Expresses Strong Emotions and Opinions Effectively</p> <p>When strong emotions arise, remind yourself that they are temporary. Before reacting to them, find a strategy to work through them, such as writing, taking a walk, or taking three to five deep breaths.</p> <p>As you work through these emotions, remind yourself that you are capable of handling them constructively. Practice affirmations like "I am in control of my thoughts" or "This feeling will pass."</p>	<p>Selects the Best Option Among Choices for A Suitable Outcome</p> <p>When making a decision, big or small, consider your best outcome. What does that outcome look like and feel like? Take a moment to visualize yourself experiencing that outcome.</p> <p>Work backward from that outcome and consider the action steps to take and choices to make to get there. Backwards planning helps you to make well-thought-out decisions that put you on track to reach your goals.</p>	<p>Recognizes and Manages One's Own Emotions and Recognizes the Emotions of Others</p> <p>Schedule moments throughout the day to stop and notice how you're feeling. How do you feel right before students come to class? How do you feel before and after lunch? During your commute home?</p> <p>Intentionally noticing how we are feeling cultivates emotional awareness, and this awareness nurtures a stronger relationship with our emotions.</p> <p>Learning this helps allow us to identify our needs and manage our stress in a given situation.</p>	<p>Adheres to Social, Behavioral, and Moral Standards</p> <p>Consider why certain social norms and standards exist. As we examine the purpose these norms and standards serve, we can better adhere to them because we understand how our behavior fits into a larger picture. Understanding the purpose also helps us connect norms and standards to our lives, which can make it easier for us to adhere to them in a variety of situations.</p>

Six Week Planner



The **Six Weeks Planner** is a support for you to prepare for implementation. Each week, there are three, short and engaging learning activities designed for you to prepare self for Fly Five knowledge implementation.

Week One: Getting Oriented with Fly Five

Content Area:	Microlearning:	Resources:	Notes:
Why SEL?	Video (5 minutes)	Academic Outcomes (link)	Benefits and vision for how students will love this curriculum
Welcome Kit	Scroller Page (1 hour)	Link to Welcome Kit Landing Page	Find the Welcome Kit checklist and complete the start of the year tasks throughout this week
Component Walk Through	Infographic (10 minutes)	Fly Five Product Catalog (link)	Brief description of all components

Six Week Planner



Week Two: Creating a Climate of Warmth and Safety

Content Area:	Microlearning:	Resources:	Notes:
Fostering Positive School Community	Video Social Media Posts	Implementing SEL Effectively in the Classroom	Take stock of how positive community is being built in the license holders' classroom
Meet Your Emotions	Introduce emotions with students through a suggested mini-lesson	Intro to Emotions Mini Lessons (link)	Provide lesson options for teachers to choose one that works best for them and their grade level
Mindfulness	Participate in a Mini Mindful Monday for students or a Mindful Monday for educators.	Imagining Box Breaths My Learning Will Bloom	Link in the email and share purpose of mindfulness

Six Week Planner



Week Three: Establishing Routines and Procedures

Content Area:	Microlearning:	Resources:	Notes:
Interactive Learning Structures	Try an ILS with your students	Interactive Learning Structures- Who They Support, How and Why	Use one of the ILSs in the article. Reflect on how routines and procedures need to be in place in order for these to be successful
The Mindful Student	Build a routine for the Mindful Student	Introduction to Mindfulness Mini-Lesson	Facilitate a discussion that affirms the purpose and benefits of mindfulness.
Review Discussion Norms	To establish norms for class or group discussions	Creating a Dialogue: Strategies for Discussing Difficult Topics	Create a reel for teachers to reflect on

Six Week Planner



Week Four: Building Student Engagement

Content Area:	Microlearning:	Resources:	Notes:
Introduce Center City Kids	Encouraging student connections with the Center City Kids	Just Like Me Character Traits	Digital Flashcards or Interactive Game Printable Trading Cards for students
Introducing Student Journals	To get students familiar with how to use the student journals and create anticipation for their use	Screenshot of page 56 in Teacher's LessonGuide	Do a picture walk of the journal with students to get them excited about the content Review page 56 in your Teachers' Guide Review expectations for care and use

Six Week Planner



Week Five: Preparing for Lesson Delivery

Content Area:	Microlearning:	Resources:	Notes:
Emotions	Introduce the Emotions poster to students	Meet Your Emotions	Introducing where the emotions posters will be and how students will use them in the classroom
Student Engagement	Introduce C.A.R.E.S to Students by using the C.A.R.E.S poster		Guiding questions around each competence for grade span
Family Communication	Introduce C.A.R.E.S to families by using the School to Home Connection and Family Guide	School-To-Home Connection	Use this letter as way to help families understand their role in encouraging SEL skills at home

Six Week Planner



Week Six: Lesson Delivery and Reflection

Content Area:	Microlearning:	Resources:	Notes:
Space and Organization	Prepare classroom space and routines	Preparing for Lesson Delivery Checklist	
Lesson Delivery	Prepare for a Fly Five lesson	Preparing for Lesson Delivery Checklist	Use print and digital materials to prep for their first lesson
Lesson Reflection	Look back on the lesson prep and delivery to make adjustment for improvements		Use a graphic organizer to help license holders reflect.

Frequently Asked Questions



Can I share my license?

- Licenses are only assigned to one teacher who is implementing the lessons with students.

Where can I find the scope and sequence?

- The teacher decides the sequence of the lessons through the SETI and the Hopes and Goals Setting Module.
- The scope is set by the skills within the K–8 standards. Click this link to look at the scope for each grade level: <https://www.flyfivesel.org/sel-standards/view-sel-standards/>

Contact Information



We are here for you every step of the way. Below you will find our contact information, as well as experts within your school community that are there to support you.

Your School- Based Ambassador

Have an implementation question?

Contact your school-based ambassador for guidance.

Your School Leader

Have a specific question regarding materials and access?

Contact for additional materials requests or troubleshooting LMS access.

Fly Five Curriculum Support

In need of additional implementation support?

Reach out to us at curriculumsupport@flyfivesel.org

Fly Five Technical Support

Trouble with LMS access?

We're an email away at contact@flyfivesel.org

Fly Five Website

Looking for free teacher resources?

[Visit the resources page on our website](#)

Amazon

Ready for additional SEL materials?

Order The Mindful Student, Avenue A or Responsive Classroom books on Amazon.